

# PA School Districts that Have Changed School Hours

Last Updated July 2021

PA County	PA School District	Original HS Start Time	New HS Start Time	Year	Sleep Study Links if Available or School District Links or News Article
Allegheny	Avonworth	7:15	8:00	2018-2019	<a href="#">News Article</a> & <a href="#">PASBO PPT Link</a>
Allegheny	Hampton Township	7:30	8:20	2020-2021	<a href="#">School Start Time Page</a>
Allegheny	Pine-Richland		7:45	2019-2020	<a href="#">High School Homepage News Article</a>
Allegheny	Pittsburg Milliones University Preparatory School		8:38	2016-2017	<a href="#">News Article</a>
Allegheny	Quaker Valley	7:45	8:00	2017-2018	Grades 6-12 <a href="#">HS Bell Schedule News Article</a>
Allegheny	Woodland Hills	6:45	7:20	2018-2019	<a href="#">News Article</a>
Berks	Antietam		7:57	2020-2021	<a href="#">Middle Senior High Homepage</a>
Blair	Spring Cove		7:50	2017-2018	<a href="#">Central High School Homepage</a>
Bradford	Troy Area	7:50	8:15	2018-2019	<a href="#">Junior/Senior High School Homepage</a>
Butler	Seneca Valley		8:09		<a href="#">Sleep &amp; Adolescents Page</a>
Cambria	Westmont Hilltop		8:00	2018	<a href="#">Bell Schedule</a>
Centre	State College Area	8:10	8:40	2018-2019	<a href="#">Student Day Plan Page</a>
Chester	Phoenixville Area	7:24	8:05	2019-2020	<a href="#">School Start Time Page</a>
Chester	Tredyffrin/Easttown	7:20	7:50	2019-2020	<a href="#">School Start Times Initiative Overview</a>
Chester	Unionville-Chadds Ford	7:35	8:00	2017-2018	<a href="#">School Start Time Initiative Page</a>
Clearfield & Centre	Philipsburg-Osceola Area	7:15	8:00	2020-2021	<a href="#">News Article</a>
Clearfield	Moshannon Valley	7:35	8:10	2020-2021	<a href="#">News Article</a>
Clearfield	West Branch Area	7:25	8:00	2019-2020	<a href="#">News Article</a>

Crawford	Penncrest (3 Jr/Senior High Schools)		8:25	2016-2017	<a href="#">News Article</a>
Cumberland	Mechanicsburg		8:20	2018-2019	<a href="#">News Article</a> & <a href="#">PASBO PPT Link</a>
Cumberland	South Middleton	7:15	7:45	2019-2020	<a href="#">News Article</a>
Delaware	Garnet Valley	7:35	8:35	2021-2022	<a href="#">Reimagined Start Times for Schools</a>
Delaware	<a href="#">Radnor Twp</a>	7:35	8:30	2019-2020	<a href="#">Sleep &amp; School Start Time Page</a> <a href="#">News Article</a>
Delaware	Upper Darby	7:30	9:45 in-person	2021-2022	<a href="#">Upper Darby HS to Adopting New Start in the Fall 2021 (Article &amp; Video)</a>
Erie	Erie	7:45	8:40	2018-2019	<a href="#">News Article</a> & <a href="#">News Article</a>
Juniata	Juniata County		8:30		<a href="#">2019-2020 Handbook</a> <a href="#">PA Joint State Commision Report - page 50</a> (Listed as long standing school start times)
Lancaster	Ephrata	7:30	8:10	2020-2021	<a href="#">School Start Time Study</a>
Luzerne & Wyoming	Lake-Lehman	7:30	8:00		<a href="#">News Article</a>
Sullivan	Sullivan		8:40		<a href="#">PA Joint State Commision Report - page 50</a> (Listed as long standing school start times)
Susquehanna	Blue Ridge		8:07	2013	<a href="#">PA Joint State Commision Report - page 39</a>
Susquehanna	Forest City Regional		8:30		<a href="#">PA Joint State Commision Report - page 50</a> (Listed as long standing school start times)
Westmoreland	Burrell	7:45	8:10	2018-2019	<a href="#">News Article</a>
York	South Western		8:15	2006	<a href="#">PASBO PPT Link</a>